



Date of Initial Health History _____
 Update 1 _____
 Update 2 _____
 Update 3 _____
 Update 4 _____

Name _____

Birthdate _____
 (month / day / year)

Address _____

Family Doctor _____

City/Prov _____

Phone and Address _____

Postal Code _____

Referring Professional _____

Phone (home) _____

Phone _____

(cell/pager) _____

(work) _____

Insurance Name _____

Email _____

Policy Number _____

Occupation _____

Member ID _____

Emergency Contact Name and Number _____

How did you hear about our clinic? _____

Please indicate if you believe if any of the following apply to you? (P = past C = current)

- | | | |
|--|---|--|
| <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Headaches / Migraines | <input type="checkbox"/> Joint Dislocation |
| <input type="checkbox"/> High / Low Blood Pressure | <input type="checkbox"/> Dizziness / Fainting | <input type="checkbox"/> Bone Fracture |
| <input type="checkbox"/> Stroke or Aneurysm | <input type="checkbox"/> Nausea | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Pace Maker | <input type="checkbox"/> Spinal Injury | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> other Heart condition | <input type="checkbox"/> Head Injury | <input type="checkbox"/> Rods / Pins / Plates / Shunts |
| <input type="checkbox"/> Varicose Veins | <input type="checkbox"/> Epilepsy / other seizures | <input type="checkbox"/> Implants _____ |
| <input type="checkbox"/> Bruise easily | <input type="checkbox"/> other Neurological condition | <input type="checkbox"/> Transplant _____ |
| <input type="checkbox"/> other Circulatory condition | <input type="checkbox"/> Loss of Sensation, where? | <input type="checkbox"/> Corrective Lenses/Contacts |
| <input type="checkbox"/> Thyroid High / Low | <input type="checkbox"/> Asthma | <input type="checkbox"/> Hearing loss or ear problems? |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Chronic Sinusitis | <input type="checkbox"/> Cancer _____ |
| <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> other Respiratory condition | <input type="checkbox"/> Hepatitis |
| <input type="checkbox"/> other Urinary condition | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> HIV |
| <input type="checkbox"/> If Pregnant When Due? | <input type="checkbox"/> Irritable Bowel / Colitis | <input type="checkbox"/> other Contagious condition |
| <input type="checkbox"/> Gynaecological Condition | <input type="checkbox"/> Digestive condition | _____ |
| | <input type="checkbox"/> Skin condition | <input type="checkbox"/> Mental Health Concern: _____ |

Please list any Medications you presently take:

Known Allergies (including medications, foods, seasonal, oils and lotions, etc.)

Do you have any family history of medical conditions? Yes No

Please list: _____

Have you ever been hospitalized, had any major accidents, illnesses, or surgeries? Yes No

Please comment: _____

Other therapy / treatment: (past or present, does not have to be related to this visit)

- Massage Therapy
- Chiropractor
- Physiotherapy
- Naturopath
- Acupuncture
- Other _____

List any Activities, Sports, Hobbies
(ie. Jogging, Hockey, Crafts, Computer, etc)

**List any NON-prescription vitamins, minerals
or other supplements** you are taking:

Please CIRCLE the answer closest to how you PRESENTLY feel: (1 = poor, 5 = excellent)

Quality of Sleep	1	2	3	4	5	Hours of sleep per night (approx.)	_____
Energy Level	1	2	3	4	5	Number of meals you regularly eat per day	_____
Eating Habits	1	2	3	4	5	Number of times you exercise per week	_____
Stress Level	1	2	3	4	5		
Exercise Habits	1	2	3	4	5		
Smoker	Yes	No	Occasional				
Alcohol	Yes	No	Occasional				

Reason for Initial Visit

Please describe your current condition & symptoms along with how long you have had this/these issue(s):

AGREEMENT TO CLINIC POLICIES

Your appointment time has been reserved for you. We ask that you provide us with 48 hours notice of cancellation or re-scheduling for all physical therapy treatments, and 48 hours for dietitian services (pre-paid follow-ups are non-refundable and may only be re-scheduled above 48 hours of your appointment time). For physical therapy, cancellations between 24h-48h of your appointment time are charged 50% of the service fee. Cancellations under 24h and missed appointments are charged 100% of service fee. Payments for all treatments and sessions are the responsibility of the patient, whether insured or not. I verify the information I have stated in this form to be true and correct, and I am aware any false information provided is punishable by law. I acknowledge any individual not following COVID-19 protocols in place will be asked to leave the premises.

I authorize Elysian Wellness Centre and its associated staff to collect my personal and medical information as documented above in order to contact me. Information provided will be kept confidential unless required by law or a consent form is signed by the patient. We also reserve the right to confirm with your insurance company the dates of attendance, as they occasionally audit claims. All information I, the patient, provided on this form is true and correct.

I authorize Elysian Wellness Centre to contact me via email/text to remind me of my appointment(s) and any communication on scheduling, treatments, and account balances.

I authorize Elysian Wellness Centre to charge my credit card for any late cancellations, missed appointments, or balances due for services rendered or products purchased.

All balances 30 days past invoiced date will be passed on to collections and are subject to a 30% fee along with an interest rate of 3%/monthly.

Patient Signature

Date